

# QUICK-START GUIDE TO SUPERNATURAL ANSWERS TO YOUR CONCERNS

**REMEMBER:** “Death and life are in the power of the tongue, and those who love it *and* indulge it will eat the fruit of it [for death or life]” (Proverbs 18:21 Amplified), meaning we bear the consequences of our **words**.

If praying these prayers for someone else, put their name in the blank. Make these prayer confessions personal to them or yourself. God’s Word is guaranteed to bring results, “for He rewards those who earnestly seek Him” (Hebrews 11:6).

## ADDICTIONS

When tempted, no one, not me or \_\_\_\_\_ can say, “God is tempting me.” For God cannot be tempted by evil, nor does He tempt anyone, but each one, me or \_\_\_\_\_ is tempted when, by his own, my or \_\_\_\_\_ evil desire, he, me or \_\_\_\_\_ is dragged away and enticed. James 1:13-14

The thief comes only to steal and kill and destroy. Jesus has come that I or \_\_\_\_\_ might have life, and have it to the full. John 10:10

The Son has set me or \_\_\_\_\_ free, so I or \_\_\_\_\_ am free indeed! John 8:36

## CHILDREN

My children \_\_\_\_\_ flee evil desires of youth, and pursue righteousness, faith, love and peace, along with those who call on the Lord out of a pure heart. 2 Timothy 2:22

I will train my children \_\_\_\_\_ in the way \_\_\_\_\_ should go, and when he/she is old, he/she will not turn from it. Proverbs 22:6

Folly is bound up in the heart of a child, but the rod of discipline will drive it far from him. Proverbs 22:15

See also BEAR Words over My Children in *Because God Is...I am* Booklet. It brings prodigals home!

## DEPRESSION/FEAR/ANXIETY/REJECTED/NEGLECTED/WORRY

JESUS: Come to me, all you \_\_\_\_\_ who are weary and burdened, and I will give you rest. Take my yoke upon you and learn from me, for I am gentle and humble in heart, and you will find rest for your \_\_\_\_\_ souls. For my yoke is easy and my burden is light. Matthew 11:28

Why do you say, O \_\_\_\_\_, and complain, O \_\_\_\_\_, “My way is hidden from the LORD; my \_\_\_\_\_ cause is disregarded by my \_\_\_\_\_’s God.”? Do you not know? Have you not heard? The LORD is the everlasting God, the Creator of the ends of the earth. He will not grow tired or weary, and his understanding no one can fathom. **He gives strength to the weary \_\_\_\_\_ and increases the power of the weak.** Even youths grow tired and weary, and young men \_\_\_\_\_ stumble and fall; but those who

hope in the LORD will renew their strength. They \_\_\_\_\_ will soar on wings like eagles; they \_\_\_\_\_ will run and not grow weary; they \_\_\_\_\_ will walk and not be faint.

God did not give me \_\_\_\_\_ a spirit of timidity (of cowardice, of craven and cringing and fawning fear), but [He has given me \_\_\_\_\_ a spirit] of power and of love and of calm and well-balanced mind *and* discipline *and* self-control. 2 Timothy 1:7 Amplified

I \_\_\_\_\_ waited patiently for the LORD; He turned to me \_\_\_\_\_ and heard my \_\_\_\_\_ cry. He lifted me \_\_\_\_\_ out of the slimy pit, out of the mud and mire; He set my \_\_\_\_\_ feet on a rock and gave me \_\_\_\_\_ a firm place to stand. He put a new song in my \_\_\_\_\_ mouth, a hymn of praise to our God. Many will see and fear and put their trust in the LORD. Psalm 40:1-3

Rejoice in the Lord always! I will say it again, Rejoice! Let your \_\_\_\_\_ gentleness be evident to all. The Lord is near. Do not be anxious about anything, but in everything, by prayer and petition, with thanksgiving, \_\_\_\_\_ present(s) your \_\_\_\_\_ requests to God. And the peace of God, which transcends all understanding, will guard your \_\_\_\_\_ hearts and your \_\_\_\_\_ minds in Christ Jesus. Philippians 4:4-7

### HUSBAND/WIFE/ADULT CHILDREN

<sup>1</sup>Blessed [fortunate, prosperous, and favored by God] is \_\_\_\_\_ who does not walk in the counsel of the wicked [following their advice and example], Nor stand in the path of sinners, Nor sit [down to rest] in the seat of <sup>(b)</sup>scoffers (ridiculers). <sup>2</sup>But \_\_\_\_\_ delight is in the law of the LORD, And on His law [His precepts and teachings] \_\_\_\_\_ [habitually] meditates day and night. <sup>3</sup>And \_\_\_\_\_ will be like a tree *firmly* planted [and fed] by streams of water, Which yields its fruit in its season; Its leaf does not wither; And in whatever \_\_\_\_\_ does, \_\_\_\_\_ prospers [and comes to maturity]. Psalm 1:1-3 Amplified

The LORD is my \_\_\_\_\_ shepherd. I \_\_\_\_\_ shall not be in want. He makes me \_\_\_\_\_ lie down in green pastures, he leads me \_\_\_\_\_ beside quiet waters; he restores my \_\_\_\_\_ soul. He guides me \_\_\_\_\_ in paths of righteousness for his name's sake. Even though I \_\_\_\_\_ walk(s) through the valley of the shadow of death, I \_\_\_\_\_ will fear no evil, for you are with me \_\_\_\_\_; your rod and your staff, they comfort me \_\_\_\_\_. You prepare a table before me \_\_\_\_\_ in the presence of my \_\_\_\_\_ enemies. You anoint my \_\_\_\_\_ head with oil; my cup overflows. Surely goodness and love will follow me \_\_\_\_\_ all the days of my \_\_\_\_\_ life, and I \_\_\_\_\_ will dwell in the house of the LORD forever. Ps. 23

### HUSBAND WIFE RELATIONS

The LORD said to Abraham, "Why did Sarah laugh and say, 'Will I really have a child, now that I am old?' **Is anything too hard for the LORD?** I will return to you at the appointed time next year and Sarah \_\_\_\_\_ will have a son."

**Submit to one another** out of reverence for Christ. Wives, submit to your husbands as to the Lord. For the husband is the head of the wife as Christ is the head of the church, his body, of which he is the

Savior. Now as the church submits to Christ, so also wives should submit to their husbands in everything. Husbands, love your wives, just as Christ loved the church and gave himself up for her to make her holy, cleansing her by the washing with water through the word, and to present her to himself as a radiant church, without stain or wrinkle or any other blemish, but holy and blameless. . . each one of you must love his wife as he loves himself, and the wife must respect her husband. Ephesians 5:21-33

### **MONEY MANAGEMENT GOD'S WAY**

"I the LORD do not change . . . . But you ask, 'How are we to return?' Will a man rob God? Yet you rob me. But you ask, 'How do we rob you?' In tithes and offerings." . . . "Bring the whole tithe into the storehouse, that there may be food in my house. Test me in this," says the LORD Almighty, and see if I will not throw open the floodgates of heaven and pour out so much blessing that you will not have room enough for it. I will prevent pests from devouring your crops, and the vines in your fields will not cast their fruit," says the LORD Almighty. Malachi 3:6-11

Remember this: Whoever sows sparingly will also reap sparingly, and whoever sows generously will also reap generously. Each man should give what he has decided in his heart to give, not reluctantly or under compulsion, for God loves a cheerful giver. And God is able to make all grace abound to you \_\_\_\_\_ so that in all things at all times, having all that you \_\_\_\_\_ need, you \_\_\_\_\_ will abound in every good work. As it is written: He has scattered abroad his gifts to the poor, his righteousness endures forever. Now he who supplies seed to the sower and bread for food will also supply and increase your \_\_\_\_\_ store of seed and will enlarge the harvest of your \_\_\_\_\_ righteousness. You \_\_\_\_\_ will be made rich in every way so that you \_\_\_\_\_ can be generous on every occasion, and through us \_\_\_\_\_ your generosity will result in thanksgiving to God. 2 Corinthians 9:6-11

I \_\_\_\_\_ cast all my \_\_\_\_\_ cares on the Lord, for He cares for me \_\_\_\_\_. 1 Peter 5:7

[Pray and claim Deuteronomy 28: 1-14. See *God Is . . . I Am . . .* Scripture booklet under El Shaddai.]

### **SUICIDAL or SPIRIT of DEATH/and, or OVERCOMING DEATH OF A CHILD**

I call heaven and earth as witnesses against you today, that I have set before you **life** and death, the blessing and the curse; therefore, you \_\_\_\_\_ shall **choose life** in order that you \_\_\_\_\_ may live, you \_\_\_\_\_ and your \_\_\_\_\_ descendants. Deuteronomy 30:19 I \_\_\_\_\_ will not die but live, and \_\_\_\_\_ will proclaim what the LORD has done. Psalm 118:17

Answer me quickly, LORD; my \_\_\_\_\_ spirit fails. Do not hide your face from me \_\_\_\_\_ or I will be like those who go down to the pit. <sup>8</sup> Let the morning bring me \_\_\_\_\_ word of your unfailing love, for I have put my trust in you. Show me \_\_\_\_\_ the way I \_\_\_\_\_ should go, for to you I entrust my \_\_\_\_\_ life. <sup>9</sup> Rescue me \_\_\_\_\_ from my enemies, LORD, for I \_\_\_\_\_ hide myself in you. <sup>10</sup> Teach me \_\_\_\_\_ to do your

will, for you are my \_\_\_\_\_ God; may your good Spirit lead me \_\_\_\_\_ on level ground. <sup>11</sup> For your name's sake, LORD, preserve my \_\_\_\_\_ life; in your righteousness, bring me \_\_\_\_\_ out of trouble. Psalm 143:7-11

### UNMET NEEDS Do Not Worry

<sup>25</sup> "Therefore I tell you, do not worry about your life, what you will eat or drink; or about your body, what you will wear. Is not life more than food, and the body more than clothes? <sup>26</sup> Look at the birds of the air; they do not sow or reap or store away in barns, and yet your heavenly Father feeds them. Are you not much more valuable than they? <sup>27</sup> Can any one of you by worrying add a single hour to your life?

<sup>28</sup> "And why do you worry about clothes? See how the flowers of the field grow. They do not labor or spin. <sup>29</sup> Yet I tell you that not even Solomon in all his splendor was dressed like one of these. <sup>30</sup> If that is how God clothes the grass of the field, which is here today and tomorrow is thrown into the fire, will he not much more clothe you—you of little faith? <sup>31</sup> So do not worry, saying, 'What shall we eat?' or 'What shall we drink?' or 'What shall we wear?' <sup>32</sup> For the pagans run after all these things, and your heavenly Father knows that you need them. <sup>33</sup> But seek first his kingdom and his righteousness, and all these things will be given to you as well. Matthew 6:25-33

[Pray and confess daily Deuteronomy 28: 1-14. See *God Is . . . I Am . . .* Scripture booklet under El Shaddai.]

### WEIGHT LOSS

PAUL: I have often told you before and now say again even with tears, many live as enemies of the cross of Christ. Their destiny is destruction, their god is their stomach, and their glory is in their shame. Philippians 3:18-19

All man's efforts are for his mouth, yet his appetite is never satisfied. Ecclesiastes 6:7

Keep falsehood and lies far from me \_\_\_\_\_ ; give me \_\_\_\_\_ neither poverty nor riches, but give me only my \_\_\_\_\_ daily bread. Proverbs 30:8

Do you not know that your \_\_\_\_\_ body is a temple of the Holy Spirit, who is in you, whom you have received from God? You \_\_\_\_\_ are not your own; you \_\_\_\_\_ were bought at a price. Therefore, honor God with your \_\_\_\_\_ body. 1 Corinthians 6:19

"My food," said Jesus, "is to do the will of him who sent me and to finish his work." John 4:34

[Please refer to page 6 of the *God Is . . . I Am* Scripture booklet under Jehovah Tsidkenu, Galatians 2:20. When we confess daily that we are crucified with Christ and lay our body on the altar, we trust in God's ability to help us curb our appetite.]

### PHYSICAL INFIRMITIES

[Please refer to the *God is . . . I Am* Scripture booklet to confess Psalm 91 and healing Scriptures of Jehovah Rapha.]

Scriptures are from the New International Version unless otherwise specified.